



Commission on Aging

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Newaygo County Commission on Aging exists to make available caring services that enhance the quality of life and support the independence of adults who are 60 and over.

Nutritional Services



Community Meals are served in four locations throughout Newaygo County: Fremont, Merrill Township, Newaygo, and White Cloud. These hot and nutritious meals are for adults 60 and over but people under 60 are welcome at the meal sites. These meal times encourage conversation and socialization. Recommended donations are \$3.00 for those 60+ and \$5.00 for those under 60.

Meals on Wheels are delivered to homebound people who are physically unable to cook or come to community meal locations. Eligibility criteria must be met to enjoy these hot and nutritious meals. Recommended donations are \$3.00 per meal.

Transportation Services for Adults 60 and Over

Bus Service provides transportation for shopping, banking, other errands and meal sites. We have bus routes that center around Fremont, Grant/Newaygo, and White Cloud. We also have some additional routing that helps with the Adult Day Group and special trips. COA buses have helpful drivers and wheelchair lifts to assist in travel. Please phone at least one day in advance to schedule bus rides. Recommended donations for bus rides are \$4.00 per round trip or \$12.00 per week.



Medical Transportation carries people to medical and health care appointments. This transportation takes place by means of wheelchair equipped vans or volunteer drivers. Medical transportation occurs both within Newaygo County and outside of the county for specialty appointments. Please phone at least three business days prior to appointments to schedule a ride. Recommended donations are \$5.00 per round trip in-county and \$20.00 per round trip outside of Newaygo County.



Homemakers

Homemaker aides are available for basic housekeeping, laundry, and on occasion errands. Services are limited to people with disabilities and priority is given to those with the greatest needs. Recommended donation are \$4.00 per hour of service.

****OVER****



Home Repair

Labor for minor home repairs for qualifying people is available when the homeowner provides the needed materials. Recommended donations are \$10.00 per hour.

Respite Services

White Pine Adult Day Group provides socialization, recreation, and activities to help develop physical and mental skills for people living with disabilities and people living with Alzheimer's and other forms of dementia. Bus transportation is available and a noon meal is provided. Recommended donations are \$4.00 per hour of service.

Specialized Respite services are referred to other agencies. A nursing assistant may be able to help with bathing and personal care. Hours are limited and must be authorized through COA.

Extended Respite may be available for 24 hour care for up to three days. Arrangements and authorization must be done through COA.



Case Management

Case managers help develop and monitor service plans, identify and assist in meeting needs, advocate, and communicate when additional services may be needed.

Medicare and Medicaid Assistance Program (MMAP)

Case managers are trained to assist people 60+ with questions regarding Medicare, Medicaid, supplemental insurance, patient rights, and appeals.

Wellness Programs

We have several programs that promote good health and lifelong wellness. Be sure to inquire about ***A Matter of Balance, Enhance Fitness, Senior Project Fresh***, and other special programs that encourage life-long energy and fitness.

Funding Sources

The Newaygo County Commission on Aging thanks our generous funding sources: Newaygo County Taxpayers (COA Senior Millage), Community Donations, Fremont Area Community Foundation, Area Agency on Aging of Western Michigan, Michigan Department of Transportation, Reliance Community Care Partners, T.R. & Bonnie Deur/St. Bartholomew Church Fund, and United Way.

The Newaygo County Commission on Aging certifies that we comply with the Department of Health & Human Services Regulations under Title VI of the Civil Rights Act of 1964.



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